



Kiss Bhutan Tour

4days

Itinerary Overview

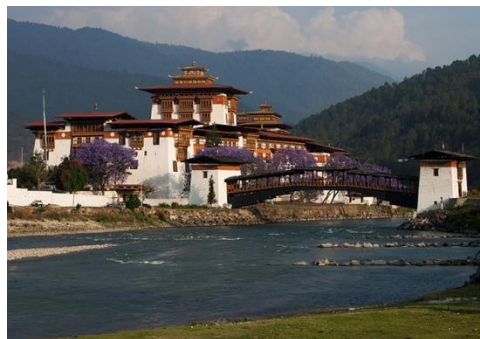
Day 01: ARRIVE PARO – THIMPHU



Day 02: THIMPHU – PUNAKHAWANGDUE



Day 03: PUNAKHA - PARO



Day 04

PARO – FLY OUT



Bhutan has one foot in the 21st century and the other planted right back in the medieval ages. As such, the country draws much of its identity from its ancient culture, customs and traditions, the kind of which the rest of the world has lost a long time ago. Culture is Bhutan's biggest tourist attraction.

Starting this year, Norter Adventures has combined its cultural itinerary with other finer aspects of Bhutanese way of life, which are enthralling but little known to the outsiders. One such aspect is the ancient wisdom behind phallus symbols and fertility worship. This tour will introduce our guests to this age-old belief and the role it plays in modern-day Bhutan while also providing glimpses into the mainstream Bhutanese culture as in the Buddhist influences, art, craft and architecture, food and cuisine, language, customs, etc.

HIGHLIGHT OF THE GLIMPLSE OF BHUTAN TOUR

- ✚ Spectacular views of Mt Everest (8,848 m), Kanchenjunga (8,586m) and Lhotse (8,414 m); and a literal adrenaline-pumping landing on the roof of the world.
- ✚ A panoramic view of the snow-capped eastern Himalayas and a multitude of alpine flowers and birds; Bhutan's ancient capital and Temple of Fertility.
- ✚ Hike to the Tiger's Lair, the most famous Buddhist monastery in the Himalayas, built on a sheer rock face.
- ✚ Landscape, semi-nomads, diverse vegetation, and sighting of high altitude birds and animals enroute

ADDITIONAL INCENTIVES

- ✓ Each guests receives traditional Bhutanese dress to wear during the course of the stay
- ✓ Visit a farmhouse for dinner with a Bhutanese family
- ✓ A specially cultural show to see Bhutan's finest performing art traditions
- ✓ Use of meditation facility in company's altar room
- ✓ Buddhist teaching, if required, by a renowned master
- ✓ Try traditional archery, Bhutan's national sport, and dart throw

VALUE ADDED OPTIONS

- ✚ GNH talk by expert
- ✚ Bhutanese foods Cooking lessons
- ✚ Textile dyeing process
- ✚ A farming experience and homestay program with a family

BHUTAN PACKAGES INCLUDES:

- ✓ USD 65 Sustainable Development Fee (SDF) and Taxes
- ✓ Bhutan Visa fees and permit fees
- ✓ Accommodation at 3 star hotels on twin sharing base
- ✓ All meals and bottled water daily
- ✓ A professional English speaking tour guide.
- ✓ Private luxury Transport with air - conditioned throughout your journey.
- ✓ All entrance fees and sightseeing as per the itinerary.
- ✓ Trekking equipment, yaks and ponies are included.

NOT INCLUDED:

- ✘ Travel Insurance, Personal equipment, telephone calls, internet, laundry
- ✘ Personal expenses such as a drinks, beverages, tips and gratitude
- ✘ Supplement for trekking is not includes
- ✘ Single room Supplement

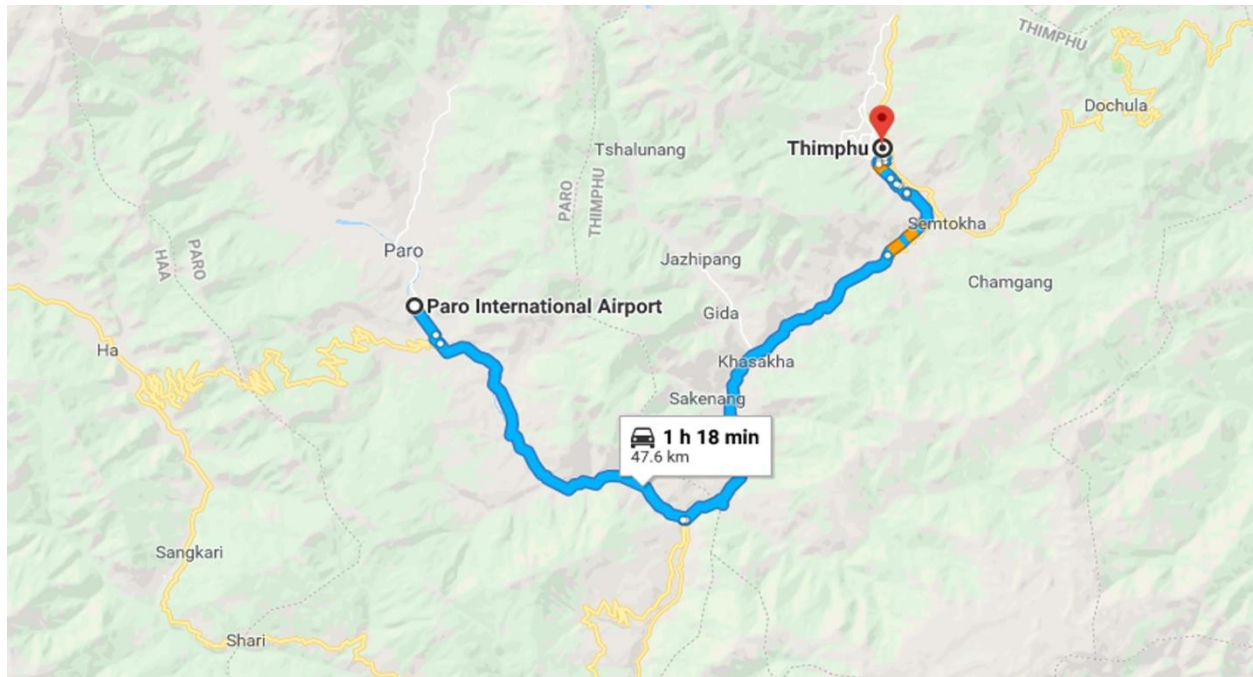
Entry & exit: Paro international airport

Duration: 3 nights/4days

Places: four districts

Itinerary: 3night 4days

Day 01 Bangkok/Kathmandu/ Delhi– Paro – Thimphu



Arrived to Paro international Airport. During the journey to Paro, one will experience breath taking view of Mount Everest, Kanchenjunga and other famous Himalayan peaks, including the sacred Chomolhari and Mount Jichu Drake in Bhutan and particularly exciting is the section through the Bhutanese foothills and the thrilling landing. On arrival at Paro International Airport, you will be received by representatives of our tour guide, who will escort you to the Sightseeing, visit the National museum of Bhutan, visit ParoRimpongdzong, lunch at Paro Town. After lunch visit Kyichu temple it was built by King SongtsenGyempo of Tibet in 659AD. Evening drive to Thimphu the capital of Bhutan. Visit the TashichhoDzong, the main secretariat building it was built in 1642. This massive structure houses part of the government Ministries, the office of the King and the Throne Room. It also houses the State Monastic Body and the living quarters of the Chief Abbot and the senior monks.

It is one drive 55km from Paro to Thimphu. **Overnight at hotel**

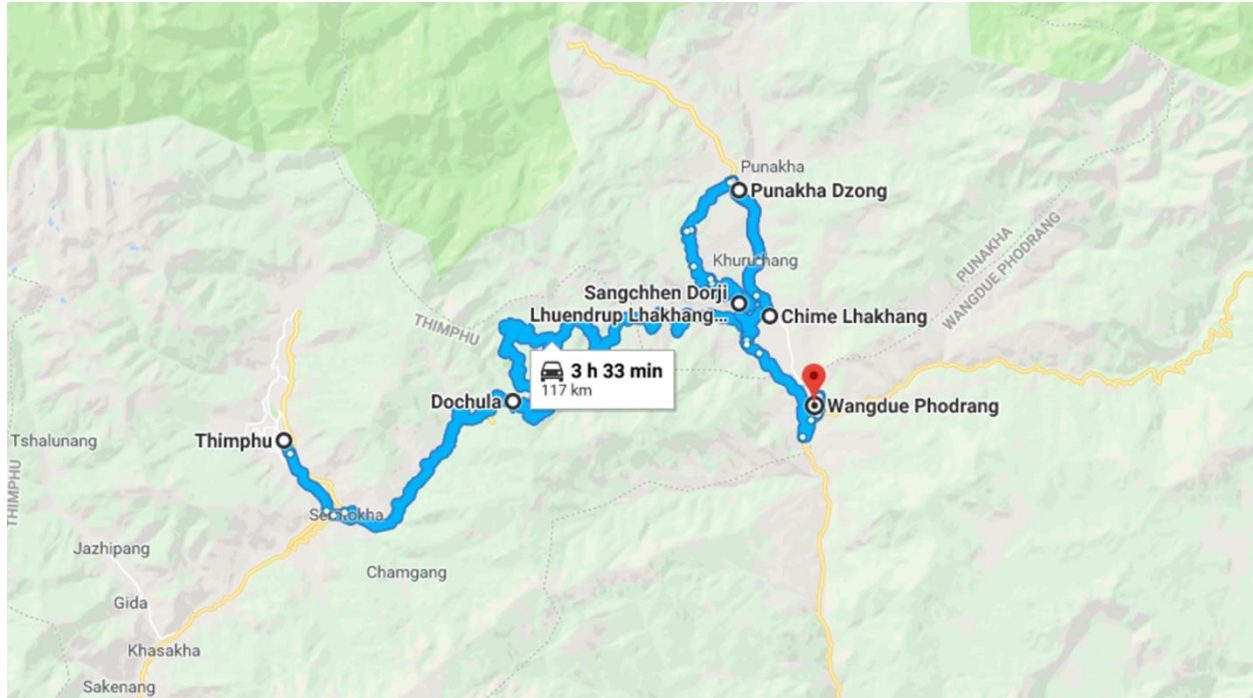
Hotels:

★★★★★ Taj Hotel/ Lee meriden/ Amankora

★★★★★ TermaLinca Resort/Druk Hotel/ Hotel Jomolhari/ Namgay Heritage/ Migmer hotel/ Hotel ariya

★★★★★ Jumolhari Hotel/ Hotel River view/ Hotel Phuntsho pelri/ Hotel wangchuk /Hotel pedling/ hotel 89/ Galingkha hotel / Peaceful hotel

Day 02: Thimphu sightseeing – Punakha/Wangdi



Morning sightseeing including the Weaving centre, Memorial Chorten (a huge stupa) built in memory of the third king of Bhutan who reigned the Kingdom from 1952-1972, Changangkha monastery built in 12 century, Takin zoo, view point of Thimphu valley, Nunnery monastery, Art & craft school.

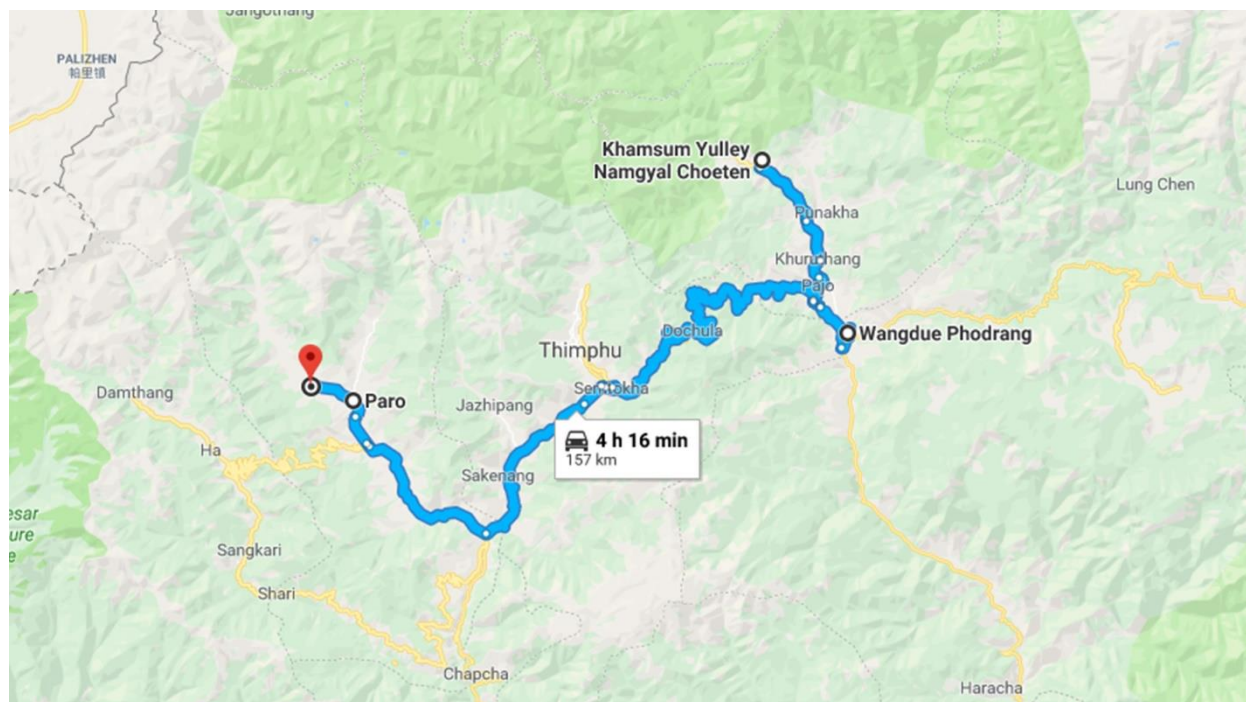
Then about 3 hrs drives through beautiful forests of rhododendron and fields of dwarf bamboo breathtaking scenery of the landscape, green meadows, beautiful wildflowers, gushing waterfalls and constantly changing vegetation. About 45 min from Thimphu, lies Dochula pass (3,100m), offering visitors their first glimpse of the eastern Himalayan range. There you will see spectacular view 108 stupa or chorten at the Dochula pass. From the pass have panoramic view of the eastern Himalayan peaks over 6000m to 7554m snow Cap Mountains. After pass descent down to low lying sub tropical valley, lunch at Lamperi .

Punakha served as the capital of Bhutan until 1955 and still it is home of Chief Abbot in winter months. Punakha Dzong, built in 1637 by Shabdrung Ngawang Namgyal has played prominent role in civil and religious life of the Kingdom. Destroyed four times by fire and an earthquake in 1897, the Dzong has been now fully restored in its original splendour. Visit Punakha Dzong after Punakha drive to Wangdi and visit Wangdue Phodrang it was built in 1638 by the Zhabdrung also visit Wangdue town.

Hotels:

- ★★★★★ uma /Amankora
 - ★★★★☆ Kuenzang zing Resort/ Densa resort&spa
 - ★★★☆☆ Meri Puensum/ Demchen Resort/ Zangdopelri hotel /village hotel/ Hotel vara
- Farm house:* Namgayzangmo farm house

Day 03: Punakha- Paro

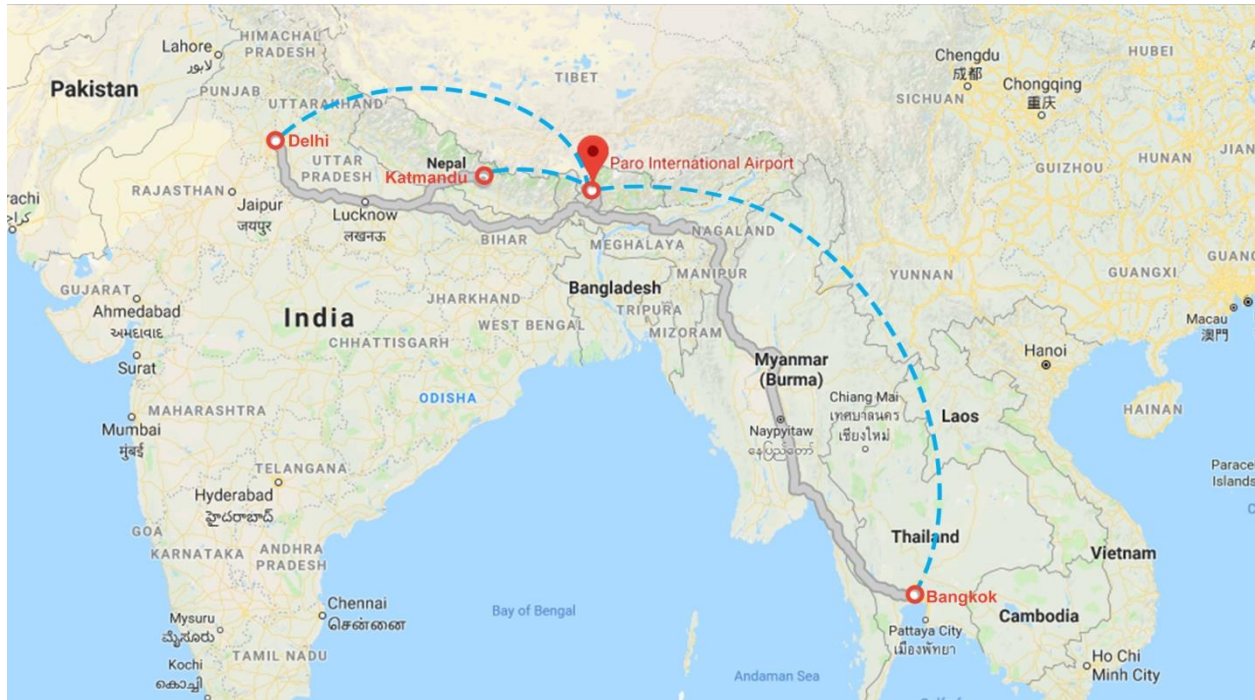


This early morning drive 4hour to Paro and on the way stops at Dochula passes. when you in Paro than hike 4hours round trip to **Taksang monastery**, Follow an ancient path marked by river powered prayer wheels to the site of the famous Tiger's nest, the Taksang Monastery, tragically wrecked in a fire early in 1998, rebuilt, it is perched some 1000m/3,000ft up on a cliff overlooking the valley. It was said to be where the legendary Indian saint, Guru Padma Sambhava, flew from Tibet on the back of a tiger to defeat five demons, who were opposing the spread of Buddhism in Bhutan in 746 A.D. Evening visit the DrugyelDzong, located 16 Km. away from the Paro town. Although in ruins, this Dzong is of great historical importance. It was here that the Bhutaneses finally defeated the invading Tibetans and drove them back. From here, the peak of Chomolhari "Mountain of the Goddess" can be seen on a clear day (Alt. 7,329m/24,029ft.). **Strolls through town and Overnight at hotel.**

Hotels:

- ★★★★★ AmanKora/ lee- meridian/ Naksel/ Hotel Zhiwaling/ Heaven Resort
- ★★★★★ Heaven Resort / Naksel
- ★★★★★ Tenzinling Resort/ TashiNamgay Resort/ Tenzling Resort / Dewachen Resort/
Metta Resort & Spa/ Dewachen Resort/ Tiger nest Resort/ Kichu resort/ Phunsum hotel/ Hotel galingkha/ Hotel Holiday Home/ Raven Nest/ Mendala Resort/ Hotel Dorjee ling

Day 04: Paro – Bangkok/Kathmandu/Delhi



After breakfast drive to Paro international Airport and fly out.